



### Target group

- Health NCPs who are in charge of designing and carrying out training sessions for their H2020 clients

### Your benefit / goals

- You receive practical knowledge and additional experience on good presentations and knowledge-transfer, and especially on the design and implementation of training packages.
- You can immediately apply „seminar games“ and new techniques to your next training session.
- You become more confident regarding the methods for designing and carrying out training sessions.

### Contents of the Train the Trainer training, module 1

- Definitions, role of the trainer, mindset
- Basics of neuro didactics: How can you learn fast and retain the knowledge for a long time?
- Accelerated Learning: addressing different learning styles and learning types with the "4MAT System"
- Good presentations
- Define your challenges as NCP trainers and find possible solutions
- The influence of "group and rank dynamics" on trainings
- **Training design:** You design your own NCP trainings and take your rough seminar plan home with you!

### Highly interactive methodology

- Methods, e.g. Headstand-Technique, constellation, brainwalk, topic list with prioritisation, problem analysis scheme, Disney method, mind mapping and "seminar games" and energisers to get to know each other, loosen up, team building, ... (and "cribbing" for your own seminars)



- You can immediately apply the contextual inputs of the latest discoveries on neuro didactics to your trainings
- Exchange of experiences of the participants – “Learning from and with one another”
- Work out as much as possible by yourself and thus also self-reflection, so that the knowledge will be consolidated
- Learning with fun and all the senses: visual, auditory, kinaesthetic, olfactory, gustatory
- Tips & tricks

The theoretical input and didactic structure is based on the latest findings in neurological and pedagogical research. The general focus is on “if you try a lot out yourself you feel the effects yourself” and joint reflection with regard to real NCP training specific contexts. One of the most important things for me is the conversion of learning into practice and the immediate implementation of that which is learned!

**Trainer: Birgit Baumann, BusinessMind ( [www.businessmind.at](http://www.businessmind.at) )**

- She worked intensively with NCP-networks and NCP-organisations since many years
- Experienced international trainer, moderator and project manager since 20 years
- Certified business coach + certified business trainer + certified senior project manager (zSPM)
- She attended numerous didactic and training courses related to this topic

For further details please have a look at: <http://businessmind.at/en/about-me/>

**Number of participants is limited to 18!**

**Dress code:** casual

**Date:** Tuesday, 25. April from 9.00 – 18.00 and Wednesday, 26 April 2017 from 9.00 – 16.00

**Location:** FFG, Seminar Room at the Ground Floor, Sensengasse 1, 1090 Wien